

## New Dimensions Learning Center Menu

First Week of each month- Date of Monday:

1	Food Group	Monday	Tuesday	Wednesday	Thurs	Friday
Breakfast	Milk Bread Fruit/Meat	Milk Cereal and Raisins	Milk Waffles Fresh Fruit	Milk Cereal and Raisins	Milk Raisin Toast Fresh Fruit	Milk Cereal and Raisins
Lunch	<u>Entree</u> Milk Meat/ Bread Vegetable Vegetable/ Fruit	<u>Pasta and Meat Sauce</u> Milk Fresh Ground Beef Elbow Noodles Steamed Broccoli Pineapples(can)	<u>Chicken and Cheese Soft Tacos</u> Milk Grilled Chicken Strips Flour Tortilla Steamed Corn Fresh Fruit	<u>Ham Sandwich</u> Milk Ham Wheat bread Steamed Lima Beans Apple Sauce(can)	<u>Beanie Weenies</u> Milk Baked Beans Turkey Hotdogs Steamed Green Beans Fresh Fruit	<u>Chicken Nuggets</u> Milk Baked Chicken Nuggets Wheat Bread Steamed Mixed Vegetables Mixed Fruit
Snack	Fruit / Meat / Milk Bread	Filtered Water Fresh Seasonal Fruit / Sport Graham Crackers	100% Juice Goldfish and Muffins	Filtered Water Fresh Seasonal Fruit / Crackers	100% Juice Pretzels And Cheese	Filtered Water Carrots w/ranch Crackers
	Toddler Substi				Shredded Turkey	

Second Week of each month- Date of Monday:

2	Food Group	Monday	Tuesday	Wednesday	Thurs	Friday
Breakfast	Milk Bread Fruit/Meat	Milk Cereal and Raisins	Milk French Toast Sticks Fresh Fruit	Milk Cereal and Raisins	Milk Biscuits w/Jelly Fresh Fruit	Milk Cereal and Raisins
Lunch	<u>Entree</u> Milk Meat/ Bread Vegetable Vegetable/ Fruit	<u>Cheesy Chicken and Broccoli</u> Milk Chicken w/cheese Rice Steamed Carrots Mandarin Oranges	<u>Tuna Alfredo</u> Milk Tuna(can) Alfredo Noodles w/Alfredo sauce Salad w/Ranch* Fresh Fruit	<u>Chicken Sandwich</u> Milk White Meat Patty Wheat Bread Pears(can) Steamed Peas	<u>Cheesy Beef Ziti</u> Milk Fresh Ground Beef Ziti noodles Fresh Fruit Salad w/Ranch*	<u>Pepperoni Pizza</u> Milk Pepperoni/ Cheese Pizza Dough Steamed Mixed Vegetables Mixed Fruit
Snack	Fruit / Meat / Milk Bread	Filtered Water Fresh Seasonal Fruit /Ritz Crackers	100% Juice Animal Crackers And Raisins	Filtered Water Fresh Seasonal Fruit / Crackers	100% Juice Snack Medley/ Trail mix	Filtered Water Fresh Seasonal Fruit / Crackers
	Toddler Substi		Corn		Green Beans	

Third Week of each month- Date of Monday:

3	Food Group	Monday	Tuesday	Wednesday	Thurs	Friday
Breakfast	Milk Bread Fruit/Meat	Milk Cereal and Raisins	Milk Scrambled Eggs Fresh Fruit	Milk Cereal and Raisins	Milk Pancakes Fresh Fruit	Milk Cereal and Raisins
Lunch	<u>Entree</u> Milk Meat/ Bread Vegetable Vegetable/ Fruit	<u>Spaghetti and Meat Sauce</u> Milk Fresh Ground Beef Spaghetti Noodles Salad w/ Ranch* Pineapples	<u>Fish Sticks</u> Milk Baked Fish Sticks Wheat Bread Sweet Potatoes Fresh Fruit	<u>Beef Ravioli</u> Milk Beef in Ravioli Noodles Steamed Cauliflower Applesauce	<u>Black-eyed Peas and Rice</u> Milk Black-eyed Peas Rice Steamed Corn Fresh Fruit	<u>Hamburgers</u> Milk Ground Beef Wheat Bun Steamed Mixed Vegetables Mixed Fruit
Snack	Fruit / Meat / Milk Bread	Filtered Water Fresh Seasonal Fruit / Dino Bites Grahams	100% Juice Graham Crackers and Yogurt	Filtered Water Fresh Seasonal Fruit / Crackers	100% Juice Oatmeal Cookies	Filtered Water Broccoli Florettes w/Ranch Crackers
	Toddler Substi	Corn				

Fourth Week of each month- Date of Monday:

4	Food Group	Monday	Tuesday	Wednesday	Thurs	Friday
Breakfast	Milk Bread Fruit/Meat	Milk Cereal and Raisins	Milk Oatmeal Fresh Fruit	Milk Cereal and Raisins	Milk Muffins Fresh Fruit	Milk Cereal and Raisins
Lunch	<u>Entree</u> Milk Meat/ Bread Vegetable Vegetable/ Fruit	<u>Macaroni and Cheese and Ham</u> Milk Ham w/Cheese Elbow Noodles Pinto Beans Mandarin Oranges	<u>Sheppard's Pie</u> Milk Ground Beef Mashed Potatoes Steamed Peas Fresh Fruit	<u>Mini Corn Dogs</u> Milk Mini Hot dogs/corn breading Tater tots Steamed Spinach Diced Peaches(can)	<u>Meatballs and Rice</u> Milk Meatballs Brown Rice/Gravy Mini Corn Cobbett Pears	<u>Turkey Sandwiches</u> Milk Fresh Sliced Turkey Wheat Bread Steamed Mixed Vegetables Mixed Fruit
Snack	Fruit / Meat / Milk Bread	Filtered Water Fresh Seasonal Fruit / Cheez-its	100% Juice Vanilla Wafers And Choc. Pudding	Filtered Water Fresh Seasonal Fruit / Crackers	100% Juice Snack Medley/ Trail mix	Filtered Water Fresh Seasonal Fruit / Crackers
	Toddler Substi			Chicken Nuggets		